Characterization of ovarian culture *in vitro* and sex steroids *in vivo* by recombinant eel gonadotropin treatments in the eel *Anguilla japonica*

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Abstract

In the present study, we investigated the effects of recombinant eel gonadotropins (rec-GTHs) on maturation induction in immature ovarian culture *in vitro* and sex steroid hormones *in vivo* in the Japanese eel *Anguilla japonica*. To study the *in vitro* effects of rec-GTHs on estradiol-17β (E2) production in immature ovarian tissues, ovarian tissues were incubated with different doses of rec-follicle-stimulating hormone (rec-FSH) or rec-luteinizing hormone (rec-LH). The results revealed that the E2 levels in the rec-FSH (0.1, 0.5, or 1 μg/mL)- and rec-LH (0.1 or 0.5 μg/mL)-treated groups were significantly higher than those in the female eels from the control group. Furthermore, to investigate the *in vivo* effects of rec-GTHs on the gonadosomatic index (GSI) and plasma sex steroid hormone levels, the eels were injected intraperitoneally with eel's ringer (control), salmon pituitary extract (SPE; for female eels), human chorionic gonadotropin (hCG; for male eels), rec-FSH, rec-LH, and rec-FSH + rec-LH once a week. The results revealed that except for the SPE and the hCG groups, none of the groups exhibited a significant difference in GSI values. However, *in vivo* plasma E2 levels increased at the end of 4 weeks after rec-FSH treatment in female eels. Based on these results, it is suggested that rec-GTHs may have a positive effect on sexual maturation in female eels; however, further studies on complementary rec-protein production systems and additional glycosylation of rec-hormones are needed to elucidate hormone bioactivity *in vivo* and *in vitro*.

Keywords: Eel *Anguilla japonica*, Gonadotropin, Sexual maturation, Recombinant hormone

Introduction

In fish, gonadal development and maturation are regulated by two gonadotropins (GTHs): follicle-stimulating hormone (FSH) and luteinizing hormone (LH). FSH mainly regulates vitellogenesis in females and initiation of spermatogenesis in males; thereafter, LH mainly regulates oocyte maturation in females and spermiation in males. FSH and LH secreted by the pituitary gland are glycoprotein hormones comprising an α-subunit and a β-subunit (Kim et al., 2005; Yaron et al., 2003). Although the α-subunits are common to these glycoproteins, the β-subunits are unique to each hormone (Byambaragchaa et al., 2018; Combarnous, 1992; Kim et al., 2016; Min et al., 1996).

A stable supply of seedlings and control of sex maturation of the bloodstock is very important for fish culture (Hamidoghli et al., 2019). However, in the case of female eels, the induction of sexual maturity is very difficult in artificial environmental conditions (Ijiri et al., 2011; Tanaka, 2015) because they have a very low ability to synthesize GTHs from the pituitary gland in such an environment (Kagawa et al., 1998; Kim et al., 2007). Therefore, a high concentration of exogenous hormones is periodically administered to induce sexual maturity. In the case of *Anguilla japonica*, gonadal development can be induced by salmon pituitary extract (SPE) administration (Kagawa et al., 1998, Kim et al., 2007; Tanaka et al., 2001; Yamamoto & Yamauchi, 1974). However, it has also been reported that repeated exposure of female eels to high doses of exogenous hormones results in eggs of poor quality, and fertilization malformations (Okamura et al., 2011; Shin, 2004). Likewise, spermiation of fishes, including eels, could be induced by human chorionic gonadotropin (hCG) as an LH effect (Miura et al., 1991). However, the duration of the spermiation and the quality of milt following hCG administration showed large individual differences in male eels (Kim et al., 2018; Otha et al., 1997). To solve these problems, it is necessary to develop a gonadotropic reagent for stable artificial seed production that improves egg quality and quantity.

Advancements in biotechnology have made it possible to isolate and clone the GTH genes of a variety of fishes (Choi et al., 2005; Kim et al., 2005) and to produce species-specific recombinant GTHs (rec-GTHs) using invertebrate bioreactor systems (Choi et al., 2016; Kazeto et al., 2008; Kobayashi et al., 2010). Furthermore, biological activity assays are being conducted by investigating the *in vivo* and *in vitro* effects of rec-GTHs in fish (Byambaragchaa et al., 2018; Kamei et al., 2003; Kim et al., 2017; Kim et al., 2019; Ko et al., 2007; Vischer et al.,

2003). In particular, in our previous study, a baculovirus system was used to produce recombinant GTHs in an eel, and the biological activities of rec-GTHs were examined by measuring the percentage of germinal vesicle breakdown *in vitro* (Choi et al., 2016). The assay results revealed that rec-GTHs were positively involved in the induction of maturation under *in vitro* conditions (Choi et al., 2016). However, the *in vivo* effect of rec-GTHs on sexual maturity in female eels, and the biological activity of recombinant hormones in male eels had not been investigated.

In the present study, we attempted to produce rec-eel FSH and rec-eel LH from CHO-suspension (CHO-S) cell line, and assayed their biological effects on female and male eels both *in vitro* and *in vivo*.

Materials and Methods

Experimental fish breeding management

Male Japanese eels (approximately 300–500 g each) and female eels (approximately 450–500 g each) were cultured in 1-ton tanks with aerated fresh water at a temperature of 20 ± 0.5℃, at the Inland Aquaculture Research Center, National Institute of Fisheries Science, Changwon. 20 male eels and 20 females were used in the experiment. All eels were acclimatized to seawater for one week before the experiment. A black shade film was installed on the water tank to stabilize the fish. Furthermore, ID microchips ($ƒ$ 2.1 × 12 mm) were inserted into the dorsal muscles for individual control of each eel, and a mini portable reader (HS5900LF, DESTRON Technologies, Kenilworth, NJ, USA) was used for identification.

Production of recombinant gonadotropin proteins from CHO-K1 cells

cDNAs encoding eel LHβ/α and eel FSHβ/α were inserted into the pcDNA3 mammalian expression vector as previously reported (Byambaragchaa et al., 2018; Kim et al., 2016; Kim et al., 2019). CHO-S cells were transfected using the liposome transfection method, as previously described (Byambaragchaa et al., 2018; Kim et al., 2019). In brief, both plasmids were transfected into CHO-S cells using the FreeStyle MAX reagent transfection method. One day before transfection, CHO-S cells were passaged at a density of $5 × 10^5$ cells/mL. The flasks were placed on an orbital shaker platform rotating at 360–405×g at 37℃ in a humidified atmosphere of 8% CO_2 in air. The next day, 260 μg of plasmid DNA was diluted in OptiPRO™ serum-free medium to a total volume of 4 mL. A total of 260 μL of FreeStyle™ MAX reagent was diluted in Opti-

PRO™ serum-free medium to a total volume of 4 mL. DNA-Free-Style™ MAX was mixed and incubated for 10 min at room temperature. Then, the complex mixture was slowly added to 200 mL of medium containing the cells. The culture media were collected on day 7 after transfection and centrifuged at 100,000×g at 4℃ for 10 min to remove cell debris. The supernatant samples were concentrated by freeze-drying. Recombinant proteins for eel LH and eel FSH were analyzed using an enzyme-linked immunosorbent assay as previously described (Kim et al., 2016).

In vitro ovarian tissue culture and sex hormone measurement

Healthy eels were anesthetized with 2-phenoxyethanol (200 ppm), and the ovaries were removed to measure the gonadosomatic index (GSI) (gonadal weight/body weight). The ovarian tissue of GSI 2.3 was sectioned to 100 mg, and then a fragment (100 mg) of the ovarian tissue was cultured in each well of 24-well plates (n = 6). L-15 medium (penicillin G sodium 70 mg/L, streptomycin 100 mg/L, HEPES 10 mM, pH 7.4) was used for the culture of ovarian tissue and incubated at 20℃ for 2 h. Then, rec-follicle-stimulating hormone (rec-FSH) and rec-LH, rec-luteinizing hormone (rec-LH) were added at concentrations of 0.05, 0.1, 0.5, and 1 μg/ mL per well and incubated at 20℃ for 24 h. At the end of the incubation, the culture media were collected, and estradiol-17β (E2) concentration was measured using an ELISA kit (DRG, Estradiol ELISA, EIA-2693).

In vivo hormonal treatment of female eel: measurement of sex hormones and gonadosomatic index (GSI)

Female eels weighing 450–500 g each, were injected intramuscularly with eel's ringer (control), SPE (20 mg/fish), rec-FSH (0.1 μg/g BW), rec-LH (0.1 μg/g BW), and rec-FSH + rec-LH (0.05 μg + 0.05 μg/g BW) once a week. After 4 and 8 injections, 8–10 eels from each experimental group were collected for blood sampling and GSI measurements. Blood samples were taken from the caudal vasculature with a heparinized 1-mL syringe and needle (23G) after anesthetization with 2-phenoxyethanol (200 ppm). The blood samples were centrifuged at 4℃ and 15,000×g for 15 min and stored at −80℃ until the assay. The plasma E2 levels in the female eels were measured using an ELISA kit (DRG, Estradiol ELISA, EIA-2693).

In vivo hormonal treatment of male eels: measurement of sex hormones and gonadosomatic index (GSI)

Male eels weighing 300–500 g each, were injected intramuscularly with eel's ringer (control), hCG (1 IU/g of BW), rec-FSH (0.1 μg/g of BW), rec-LH (0.1 μg/g of BW), and rec-FSH + rec-LH (0.05 μg + 0.05 μg/g of BW) once a week. After 3 and 8 injections, 8–10 eels were collected for blood sampling and GSI measurements. Blood samples were taken from the caudal vasculature with a heparinized 1 mL syringe and needle (23G) after anesthetization with 2-phenoxyethanol (200 ppm). The blood samples were centrifuged at 4℃ at 15,000×g for 15 min and stored at −80℃ until the assay. Plasma testosterone (T) and 11-ketotestosterone (11-KT) levels in male eels were measured using an ELISA kit (MyBioSource, San Diego, CA, USA).

Statistics Processing

The differences in the means among groups were analyzed using Duncan's multiple range test.

Results

In vitro E2 production in the culture of ovarian tissue

The *in vitro* effects of rec-GTHs on E2 production in immature ovarian tissues are shown in Fig. 1. E2 levels were significantly higher in all treated groups than in the control group. Specifically, the highest E2 levels were achieved in groups treated with 0.1 μg/mL and 0.5 μg/mL of the rec-GTH.

In vivo plasma E2 levels and gonadosomatic index (GSI) changes in female eels

The changes in plasma E2 levels and GSI according to rec-GTHs and SPE administration are shown in Fig. 2. After 4 and 8 weeks of SPE administration, plasma E2 levels were significantly increased compared to the control. SPE treatment increased the E2 levels, as has been previously reported (Kim et al., 2007, 2008). However, the groups treated with rec-FSH and rec-LH achieved significantly increased the plasma E2 levels at 4 weeks after treatment, but there was no significant change in plasma E2 levels at 8 weeks compared to the control group. In the rec-FSH + rec-LH mixture treatment group, no significant changes were observed compared with the control group at 4 and 8 weeks after treatment. The GSI was significantly increased at 4 and 8 weeks after treatment compared to the control in the group treated with SPE. However, significant changes in GSI were not observed in any of the other groups.

In vivo plasma T, 11-KT levels, and gonadosomatic index (GSI) changes in male eels

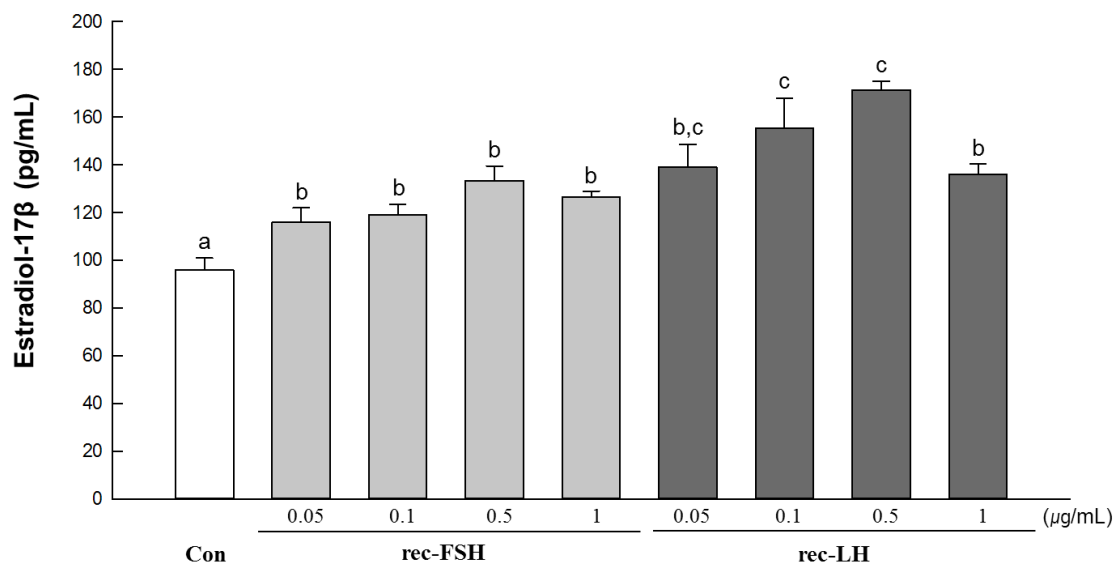The changes in plasma T, 11-KT levels, and GSI according to

Fig. 1. *In vitro* effects of rec-GTHs on estradiol-17β (E₂) levels in the ovarian tissues of immature eel. Each value represents the mean and SEM (n = 6). The different letters indicate statistically significant differences ($p < 0.05$), according to Duncan's multiple range test. Con, hormone-free medium; rec-GTHs, recombinant eel gonadotropins; rec-LH, rec-luteinizing hormone.

rec-GTH and hCG administration are shown in Fig. 3. After 3 and 8 weeks of hCG administration, both plasma T and 11-KT levels were significantly increased compared to those in the control group. Furthermore, the GSI in the hCG-treated group was higher than that in the control group. However, it should be noted that GSI and hormone levels were not different from those in the control group for all other groups treated with rec-FSH and rec-LH.

Discussion

The Japanese eel *Anguilla japonica* requires the administration of exogenous gonadotropins, such as SPE, for female eels, and hCG, for male eels, for the artificial induction of gonadal maturation. However, the eggs obtained thus far through exogenous hormone treatment have been known to be of poor quality, which results in lowering of fertility rates and induction of malformations (Shin, 2004). Furthermore, the milt obtained by injection of hCG showed individual differences in quantity and quality. To overcome these problems, species-specific recombinant GTHs were produced using silkworm larvae (Choi et al., 2016; Kim et al., 2008), mammalian cells (Molés et al., 2011), and *Pichia pastoris* (Kasuto & Levavi-Sivan, 2005) as a bioreactor, and the biological activity of these gonadotropic reagents was evaluated and improved (Ohta et al., 2017). It is expected

that species-specific GTHs of eels may induce a more efficient method of hormonal manipulation in the aquaculture of Japanese eel. In this study, we produced rec-GTHs from CHO-S cells and evaluated their bioactivity both *in vivo* and *in vitro*.

The *in vitro* results of this study confirmed that rec-GTHs affected early ovarian development. When an immature ovary was treated with rec-FSH or rec-LH, E2 levels increased compared to the control. In vertebrates, including teleosts, estradiol-17β (E2), which acts as a major steroid in vitellogenesis, promotes vitellogenin (Vtg) gene transcription, promotes egg yolk formation in oocytes, and increases during the vitellogenic phase of ovarian development (Nagahama, 1994). Furthermore, E2-induced Vtg expression in the liver of eels has also been demonstrated both *in vitro* and *in vivo* (Kazeto et al., 2011). Therefore, it is suggested that rec-GTHs may play a positive role in early ovarian development in female eels through *in vitro* ovarian E2 production. In contrast, there were no clear differences between the effects of rec-FSH and rec-LH on E2 production in early ovarian tissue. Our previous study (Kim et al., 2016) showed that rec-LH treatment had a positive effect on the induction of final maturation of eel oocytes. The potency of LH is considered more effective than that of FSH in oocyte maturation.

Although the *in vitro* effects of rec-GTHs on the sexual maturity of female eels were revealed in this study, there was no obvious *in vivo* effect of rec-GTHs on maturation induction
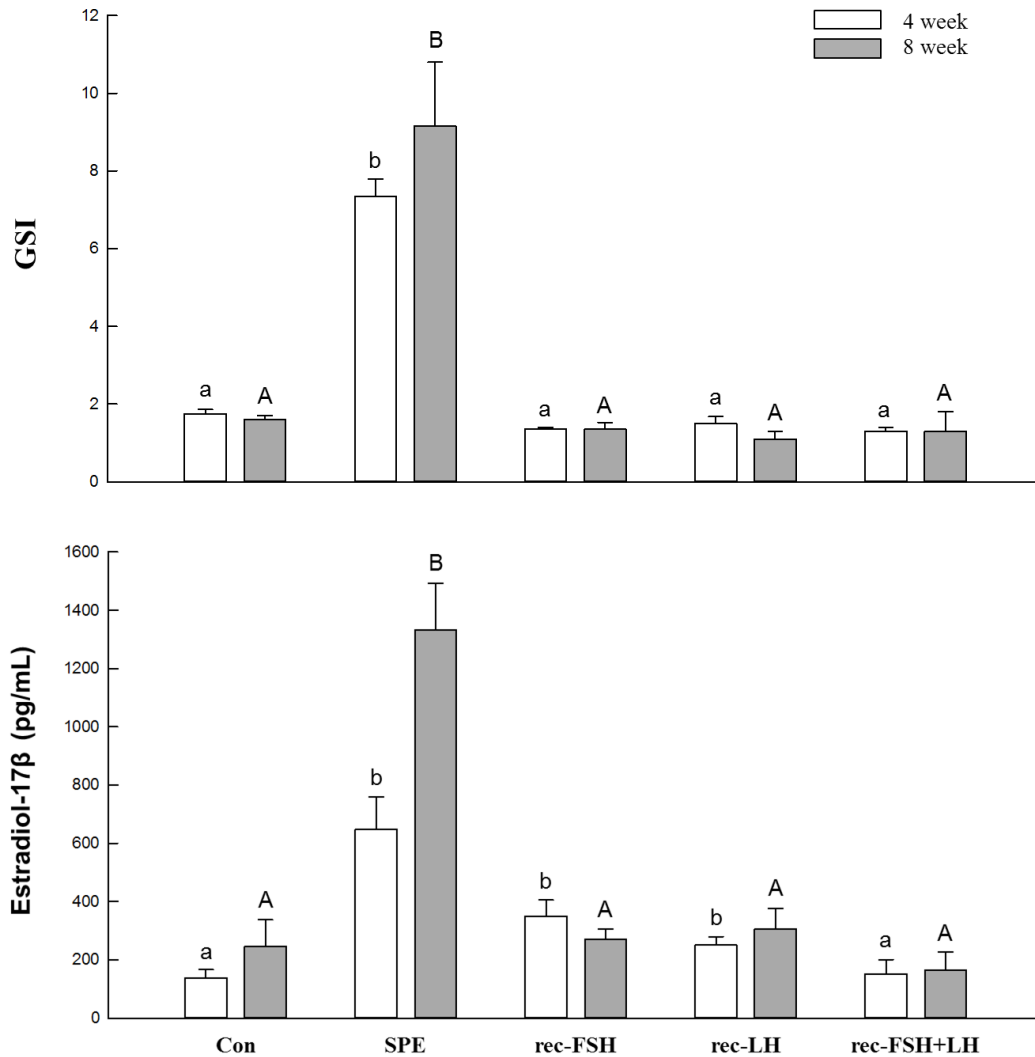
Fig. 2. *In vivo* effects of SPE and rec-GTHs on plasma estradiol-17β (E₂) levels and GSI of female eels. The SPE (20 mg/fish), rec-FSH (0.1 μg/g BW), rec-LH (0.1 μg/g BW), and rec-FSH + rec-LH (0.05 μg + 0.05 μg/g BW) were administered weekly to immature female eels for 8 weeks. After 4 and 8 weeks, the GSI and plasma E2 levels of each experimental group were measured. The columns and bars indicate the mean and SEM. Differences shown using capital letters (8 weeks) and lowercase letters (4 weeks) above the bars indicate statistical significance (p < 0.05), according to Duncan's multiple range test. Con, eel Ringer's solution; SPE, salmon pituitary extract; rec-FSH, rec-follicle-stimulating hormone; rec-GTHs, recombinant eel gonadotropins; GSI, gonadosomatic index; LH, luteinizing hormone.

in male and female eels. After 4 weeks of rec-GTH administration, the plasma E2 levels were higher than those in the control; however, no significant change was observed after 8 weeks of treatment. Furthermore, rec-GTHs exhibited slight effects on gonadal development. Similarly, the effects of hCG administration on GSI and plasma hormone concentrations in male eels were significantly higher than those in the control, whereas the effects of rec-GTH administration on the maturity of male eels

were not apparent. The results of this study are similar to those from the study that analyzed the biological activity of recombinant GTHs in Japanese eels using *Drosophila* S2 cells (Kazeto et al., 2008). Kazeto et al. (2008) reported that rec-GTHs induced biological activity *in vitro* but did not induce definite activity *in vivo*. This difference between *in vitro* and *in vivo* bioactivities is probably due to the residual time of recombinant hormones in the blood. In other words, the absence of *in vivo* bioactivity of
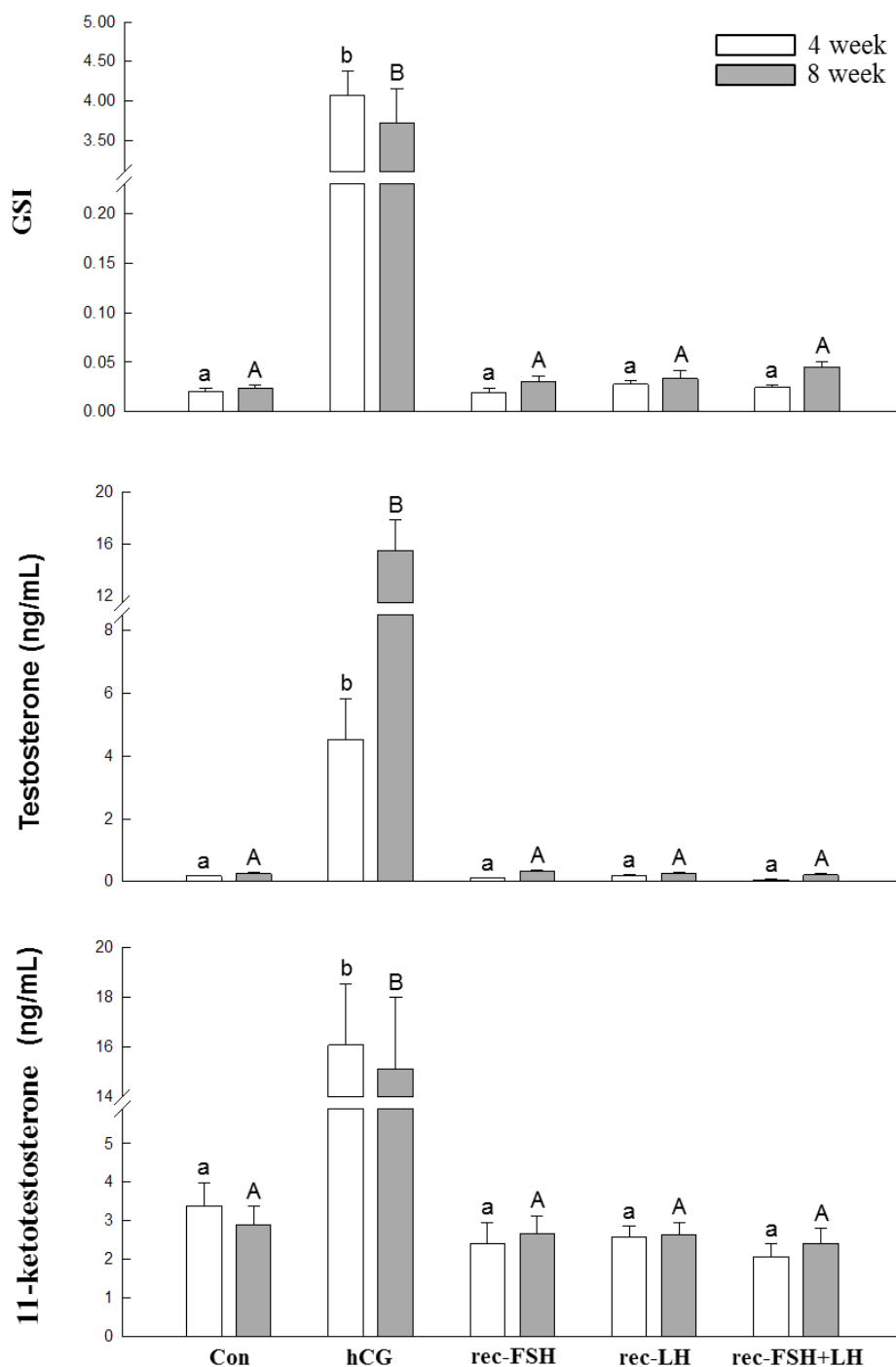
Fig. 3. *In vivo* **effects of hCG, rec-GTHs on plasma testosterone, 11-ketotestosterone and GSI of male eels.** The hCG (1 IU/g BW), rec-FSH (0.1 μg/g BW), rec-LH (0.1 μg/g BW), and rec-FSH + rec-LH (0.05 μg + 0.05 μg/g BW) were administered weekly to immature male eels for maximally 8 weeks. After 3 and 8 weeks, GSI and plasma hormone levels of each experimental group were measured. The columns and bars indicate the mean and SEM. The capital letters (8 weeks) and lowercase letters (3 weeks) above the bars indicate statistical significance ($p < 0.05$), according to Duncan's multiple range test. Con, eel Ringer's solution; hCG, human chorionic gonadotropin; rec-FSH, rec-follicle-stimulating hormone; rec-GTHs, recombinant eel gonadotropins; GSI, gonadosomatic index; LH, luteinizing hormone.

rec-GTHs may be the result of the rapid clearance of the hormone *in vivo*. Legardinier et al. (2005) demonstrated that rec-GTHs have a rapid metabolic clearance in the blood; therefore, sufficient terminal sialylation of their carbohydrate chains is required to extend their half-life in blood. For this reason, rec-GTH bioactivity in female eels in this study was observed after 4 weeks of GTH administration but not at 8 weeks of administration. Therefore, it is necessary to confirm the half-life of rec-GTHs in the blood and to glycosylate the rec-GTHs with more complex and sialylated N-glycans to induce bioactivity *in vivo* and to evaluate the *in vitro* biological activity of the rec-GTHs in male eels.

In the present study, we demonstrated that rec-GTHs clearly have positive effects on the sex maturation of immature ovarian cultures *in vitro*. However, the results showed no obvious effects in males *in vitro*, and in both genders under *in vivo* conditions. Thus, we suggest that further studies are needed on *in vitro* maturity induction of male eels, complement rec-protein production systems, and additional glycosylation of rec-hormones to extend the half-life of rec-GTHs in the blood.

Availability of data and materials

Upon reasonable request, the datasets of this study can be available from the corresponding author.

Ethics approval and consent to participate

This article does not require IRB/IACUC approval because there are no human and animal participants.

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