



# Preventive effects of sea cucumber (*Apostichopus japonicus*) ethanol extract on palmitate-induced vascular injury *in vivo*

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## Abstract

Cardiovascular diseases (CVDs) have posed serious public health problems, accounting for nearly 30% of mortality worldwide and their incidence is still increasing. Therefore, new treatment resources are necessary to prevent or manage the ever-increasing population of patients with CVDs. Sea cucumber is well known for its medical and health benefit effects, but it is not well known what/how effect it has on vascular disease. In the present study, we examined the protect effect of sea cucumber, *Apostichopus japonicus* 80% ethanol extract (AJE) on zebrafish embryo with the stimulation of free fatty acid, palmitate (PA). *In vivo* study showed that AJE can attenuate PA-induced toxicity through relieving the rapid heartbeat, increasing the survival rate and reducing the malformation in both wild type and *Tg (fli1a:eGFP)* transgenic zebrafish lines. Additionally, compare with PA treated embryos, the yolk sac area, body length, axial vascular segment (AVS) and intersegmental vessel (ISV) of the co-treatment group of AJE and PA were comparable to the control group. Moreover, AJE lowered the expression of inducible nitric oxide synthase (iNOS), nitric oxide (NO) and inflammation-related genes induced by PA, and inhibited PA-induced vascular development disorders. Our data preliminarily verify that AJE could be a candidate resource for the prevention or therapy of CVDs.

**Keywords:** *Apostichopus japonicus*, Marine natural product, Palmitate, Vascular, Inflammation

## Introduction

Cardiovascular diseases (CVDs) have gained more attention due to their high morbidity and mortality worldwide (Kaptoge et al., 2019). CVD is a multifactorial disease, which could be caused by inflammation, hypertension, atherosclerosis, dyslipidemia, insulin resistance, elevated heart rate and enteric dys-

bacteriosis (Ebbesson et al., 2015; Zhou et al., 2021). Endothelial cells play an essential role in cardiovascular homeostasis which are important constituents of blood vessels. Normal vascular endothelium is considered as a gatekeeper of cardiovascular health, while abnormal vascular endothelium is the main cause of CVDs (Sun et al., 2020). Extensive evidence supports that inflammation plays a key role in the pathogenesis of CVDs by

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promoting endothelial cell activation or dysfunction (Carter, 2012). Therefore, the prevention, systematic management and effective intervention of vascular disease are particularly important and necessary (Liu and Wang, 2016).

Saturated fatty acids (FAs) such as palmitate (PA) have been associated with cardiovascular mortality, which was thought to induce chronic low-grade inflammation, activate the innate immune system, and bring harmful effects on vascular cells and other tissues and organs through the inflammatory processes (Ebbesson et al., 2015; Volpe et al., 2014). Vascular dysfunction is tumor necrosis factor- (TNF-)  $\alpha$  dependent and is related to the increase of inducible nitric oxide synthase (iNOS) levels in aortic endothelial cells and excessive generation of nitric oxide (NO), which is the reason for the reduced reactivity of aortas to vasoconstrictors. Therefore, TNF- $\alpha$  blockers might be useful in the prevention of CVDs (Aires et al., 2013). In addition, LIM domain only 2 (*Lmo2*) is an essential gene for vertebrate primitive hematopoiesis and normal endothelial development (Zhu et al., 2005); Friend leukemia integration 1 transcription factor (*Fli1*) plays an important physiological role in vascular development at the top of the transcriptional network that regulates blood and endothelial development (Li et al., 2015). Thus, maintaining the balanced expression of vascular-related genes also plays a positive role in preventing the occurrence of CVDs (Seo et al., 2006).

At present, several synthetic drugs have been applied for treatment of CVDs, whereas some adverse effects such as arrhythmias, hyperkalemia and gastrointestinal reaction are giving cause for concern (Giudicessi et al., 2018; Ziff and Kotecha, 2016). On the contrary, mounting evidence suggests that natural products could be a safe and effective alternative for the prevention and treatment of CVDs (Miller et al., 2017; Tang et al., 2017; Tufail et al., 2018). Sea cucumber, belongs to the class of Holothuroidea and the phylum of Echinodermata, has attracted much attention as a marine functional food due to its biological activity and medicinal properties (Hossain et al., 2020). Several studies have confirmed that sea cucumbers and their extracts have various potential containing anti-inflammatory (Kareh et al., 2018), antithrombotic (Chen et al., 2012), anticoagulant (Mansour et al., 2019), hypoglycemic activities (Hu et al., 2013) and hypolipidemic (Liu et al., 2002), all of which have significant impact on the prevention and treatment of CVDs.

*Apostichopus japonicus* (*A. japonicus*) is a species of sea cucumber in the family Stichopodidae. Previous studies have shown that *A. japonicus* polysaccharides have antioxidant

and antihyperlipidemic activities (Liu et al., 2012). Moreover, the nortriterpene and triterpene glycosides from *A. japonicus* displayed antifungal activities (Wang et al., 2012). And the depolymerized glycosaminoglycan from *A. japonicus* showed anticoagulant activities (Yang et al., 2015a; Yang et al., 2015b). Furthermore, *A. japonicus* extract (AJE) has been shown to have anti-skin cancer activities (Kim et al., 2017). However, the research evidence about the function of *A. japonicus* in vascular dysfunction has not been revealed. Zebrafish is recognized as a link between invertebrate and mammalian models due to its vascular development of the circulatory system and molecular pathways are highly similar with human and other higher vertebrates (Li et al., 2014). In recent years, the vascular-specific *Tg* (*fli1a:eGFP*) transgenic zebrafish has been exceptionally useful for examining vascular development in zebrafish (Lawson and Weinstein, 2002). Therefore, the present study applied PA to stimulate human umbilical vein endothelial cells (HUVECs) and zebrafish embryos to establish *in vivo* and *in vitro* models to evaluate whether the extracts from *A. japonicus* have protective effect against PA-induced vascular damage.

## Materials and Methods

### Natural product extract and zebrafish

A 80% of ethanol extract of *A. japonicus* (AJE) was donated from Marine Bio Resource Information System (MBRIS), <https://www.mbris.kr/>.

The embryos of wild type zebrafish were derived from the zebrafish system of our lab. The management of zebrafish was in accordance with established procedures, [http://zfin.org/zf\\_info/zfbook/zfbk.html](http://zfin.org/zf_info/zfbook/zfbk.html). Transgenic zebrafish line *Tg* (*fli1a:eGFP*) was acquired from Zebrafish Center for Disease Modeling (ZCDM). Zebrafish embryos used in the experiment were processed according to the guidelines of Hanseo University.

### Palmitic acid preparation

Palmitic acid (PA; Sigma-Aldrich, St. Louis, MO, USA) was dissolved in pre-heated 0.1 N NaOH (Daejung, Korea) at 70 °C and conjugating with FA-free bovine serum albumin (BSA; Sigma-Aldrich) to obtain a 10 mM stock solution, which was improved based on the previous report (Sinha et al., 2004). We prepared two stock solutions: one for embryos, which mixing 20 mM PA with 12% BSA (w/v) containing DPBS (Dulbecco's Phosphate Buffered Saline, Welgene) at a ratio of 1:1; another one for cell culture that mixing 20 mM PA with 12% BSA (w/

v) containing DMEM (Dulbecco's Modified Eagle's Medium, Welgene, Gyeongsan, Korea) at a ratio of 1:1. Control solution contained NaOH and BSA without lipids.

**Treatment of zebrafish embryos with *A. japonicus* extract (AJE) and palmitate (PA) and phenotypic analysis**

*Tg (fli1a:eGFP)* transgenic embryos were applied to evaluate the effect of AJE on vascular formation under PA treatment. Embryos at 24 hours post-fertilization (hpf) were distributed to 12-well plate (20 embryos/well) and incubated in the AJE (25 µg/mL) for 1 h prior to the additional PA (2 mM) in 2 mL embryo media (0.003% sea salt, 0.0075% calcium sulfate) including 75 µM phenylthiourea (PTU, Sigma-Aldrich) for 96 hpf at 28.5°C. The phenotype of embryos was checked daily, the malformation and mortality were calculated, and the dead embryos were removed from the well in time. The phenotype morphology, yolk sac area and body length of embryos were observed by a stereomicroscope (SZ61, Olympus, Tokyo, Japan) and measured using cellSens software (Olympus). Vascular morphology, axial vascular segment (AVS) and intersegmental vessel (ISV) were observed and measured by a fluorescent microscope (SZX16, Olympus).

**Heartbeat measurement**

Heart rate is an important indicator reflecting the toxicity of cardiac development (Sarmah and Marrs, 2016). After embryos were exposed to PA or AJE/PA from 24 to 75 hpf, 12 embryos were randomly selected from each group and the heart rate was recorded by counting the beats per minute under stereomicroscope (SZ61). The results were presented in average heart rate per minute.

**Determination of nitro oxide (NO) production and apoptotic cells in zebrafish**

NO production was measured in living zebrafish embryos by a fluorescent probe dye of diamino fluorophore 4-amino-5-methylamino-2',7'-difluorofluorescein diacetate (DAF-FM DA, Invitrogen, Carlsbad, CA, USA). In the presence of dioxygen, NO transforms DAF-FM DA to produce highly fluorescent triazole derivatives. Cell death was determined in living zebrafish embryos by staining with acridine orange (AO, Sigma-Aldrich). AO is a kind of cell-permeable nucleic acid dye that can be released into the nucleus when a cell begins to die, and interacts with partially uncoiled DNA to produce high fluorescence (Thomé et al., 2016). The embryos developed to 86 hpf were rinsed and stained with 5 µM DAF-FM DA or 5 µg/mL AO for

30 min at 28.5°C in the dark. After fully rinsed and anesthetized by 0.003% methanesulfonate (MS-222), the embryos were observed and photographed under a fluorescent microscope (SZX16, Olympus). The fluorescence intensity of images was quantified by ImageJ software (<http://rsb.info.nih.gov/ij>) and the triplicate mean value were represented by a bar graph.

**RNA extraction and real time quantitative PCR (qPCR) analysis**

Total RNA was isolated from zebrafish embryos using TRIzol Reagent (Invitrogen), and RNA was reverse-transcribed to cDNA by cDNA synthesis PrimeScript™ 1st strand cDNA Synthesis kit (Takara) following the manufacturer's instructions. qPCR was performed using TOPreal™ qPCR 2X PreMIX (SYBR Green with low ROX, Enzynomics) on Qiagen Rotor-Gene Q instrument (Hilden Düsseldorf, Germany). Gene expression levels were acquired based on the normalization of the endogenous β-actin gene, which was not affected by PA. Relative expression was calculated with ΔΔCT method. The sequences of q-PCR primer pairs were presented in Table 1.

**Statistical analysis**

All graphs were generated by GraphPad prim version 9.0 (GraphPad software, San Diego, CA, USA) and one-way analysis of variance (ANOVA) with subsequent multiple comparison test (Tukey) were applied for significance analysis. Data are presented as mean ± SD. *p* < 0.05 was considered statistically significant.

**Table 1. Primer sequences**

Gene name		Sequence 5'-3'	Gene ID
<i>IL-1β</i>	Forward	TCAAACCCCAATCCACAGAG	405770
	Reverse	TCACTTCACGCTCTTGGATG	
<i>TNF-α</i>	Forward	AGAAGGAGAGTTGCCTTTACCGCT	AB183467.1
	Reverse	AACACCCTCCATACACCCGACTTT	
<i>iNOS2b</i>	Forward	GTTTGAAGGCAATCCGATGA	XM_017350981.2
	Reverse	GCTGTTGTGATGCTGCTTAGAGT	
<i>NF-κB p65</i>	Forward	TCCCTGGAGAGAAGAGCAAC	415099
	Reverse	CAGTCTTTTCCACAGCTC	
<i>Fli1</i>	Forward	ATGCGTCTTATGATGCTGTACG	30619
	Reverse	TTGGTTCCTCCAGGTGAT	
<i>Lmo2</i>	Forward	GTTTTGTGCGGCAGATGGT	NM_131111.1
	Reverse	GCCTTCAGAAAGAAGCGGTC	
<i>β-actin</i>	Forward	AATCTTGCGGTATCCACGAGACCA	AF057040.1
	Reverse	TCTCCTTCTGCATCTGTACGAA	

*IL-1*, interleukin 1; *TNF*, tumor necrosis factor; *iNOS*, inducible nitric oxide synthase; *NF-κB*, nuclear factor kappa-light-chain-enhancer of activated B; *Fli1*, friend leukemia integration 1 transcription factor; *Lmo*, LIM domain only.

## Results

### Protective effects of *A. japonicus* extract (AJE) against palmitate (PA)-induced embryotoxicity in zebrafish

To evaluate the toxicity of PA on embryonic development in zebrafish, we investigated the survival rate of embryos treated with PA (1.5–3 mM) at the 24 hpf stage during 62 h and screened the concentration of PA. As shown in Table 2, 20 % and 100% lethality occurred by 50 hpf at 2.5 mM and 3 mM of PA, respectively. No mortality occurred in embryos at 1.5 and 2 mM by 86 hpf and we selected a concentration of 2 mM PA for subsequent experiments. Furthermore, we confirmed that AJE alone had no toxicity to embryos in the concentration range of 5–50 µg/mL since no significant change in heart rate (Table 3).

To determine whether AJE has a protective effect on PA-induced embryotoxicity, we analyzed the developmental phenotypes containing heartbeat, survival, malformation, yolk sac area and body length, to identify morphological differences of 24 hpf embryos after exposed to PA (2 mM PA) alone or 1 h pretreatment with AJE (25 µg/mL) prior to PA. The results showed pretreatment with AJE could reduce the PA-induced acceleration of heartbeat at 75 hpf and increase embryos survival rate at 55 and 75 hpf relative to the control group (Fig. 1a, b). Meanwhile, PA treated embryos revealed morphological abnormalities, including spinal curvature, edema, and delayed absorption of yolk sac, which were alleviated by pretreatment

with AJE (Fig. 1c, d). In addition, the yolk sac area and body length were larger and shorter than that of the control group, respectively, which were also improved by AJE treatment (Fig. 1e, f).

### Inhibitory effect of AJE on PA-induced NO generation, inflammatory cytokine mRNA expression and cell death in zebrafish embryos

The overproduction of NO in blood vessels is related to circulatory failure, which occurs in systemic inflammatory response and may have cytotoxicity to surrounding tissues (Stoclet et al., 1998). Therefore, we examined whether excessive NO induced by PA (2 mM) could be reduced by AJE in zebrafish. After pretreatment with AJE (25 µg/mL), the excessive NO production induced by PA was significantly reduced compare with control (Fig. 2a). Moreover, mRNA levels of inflammatory cytokines such as iNOS and TNF-α were enhanced by PA, while significantly decreased by AJE (Fig. 2b, c). TNF-α has been shown to induce NF-κB activation which result in cell death (Zhi et al., 2015). Our results showed that PA-induced NF-κB activation which was attenuated by AJE (Fig. 2d). Meanwhile, PA-induced cell death was significantly higher than in the control group, however, pretreatment AJE significantly reduced the level (Fig. 2e). These results suggest that AJE can protect zebrafish embryos against PA-induced inflammation and cell death.

### *A. japonicus* extract (AJE) improves the effect of palmitate (PA) on vascular morphogenesis and relative genes expression in *Tg (fli1a:eGFP)* transgenic zebrafish

Vascular morphogenesis includes three major processes that vasculogenesis, angiogenesis and vascular remodeling (Patan, 2000), among which angiogenesis plays a key role in the pathological process of CVDs (Zhang et al., 2018). To evaluate the phenotypic effects of PA or AJE treatment on vascular morphogenesis, we measured the length of AVSs and ISVs in *Tg (fli1a:eGFP)* transgenic zebrafish embryos treated with 2 mM PA, or co-treated with AJE at 24 hpf. The results showed the length of AVSs and ISVs are both significantly decreased after PA treatment compare with control at 60 hpf. However, it has been improved by pretreatment of AJE (Fig. 3a, b). In addition, we determined the mRNA levels of *Fli1* gene, which regulates endothelial development, as well as *Lmo2*, a key gene necessary for angiogenesis and related to ISV formation (Ganta and Annex, 2017; Li et al., 2015; Meng et al., 2016). The results showed that the mRNA expression of both *Lmo2* and *Fli1* in PA-treated

**Table 2. Phytotoxicity evaluation of different concentrations of AJE on zebrafish embryos**

Treatment at 7 hpf	AJE (µg/mL) in egg water				
	0	5	10	50	100
Mortality (50 hpf)	0/20	0/20	0/20	0/20	0/20
Heartbeat (3 dpf)	180 ± 15	171 ± 14	186 ± 19	186 ± 19	129 ± 9 <sup>*</sup>

Each group measured 12–18 embryos.

<sup>\*</sup>Significantly different ( $p < 0.05$ ) compare with control (0 µg/mL).

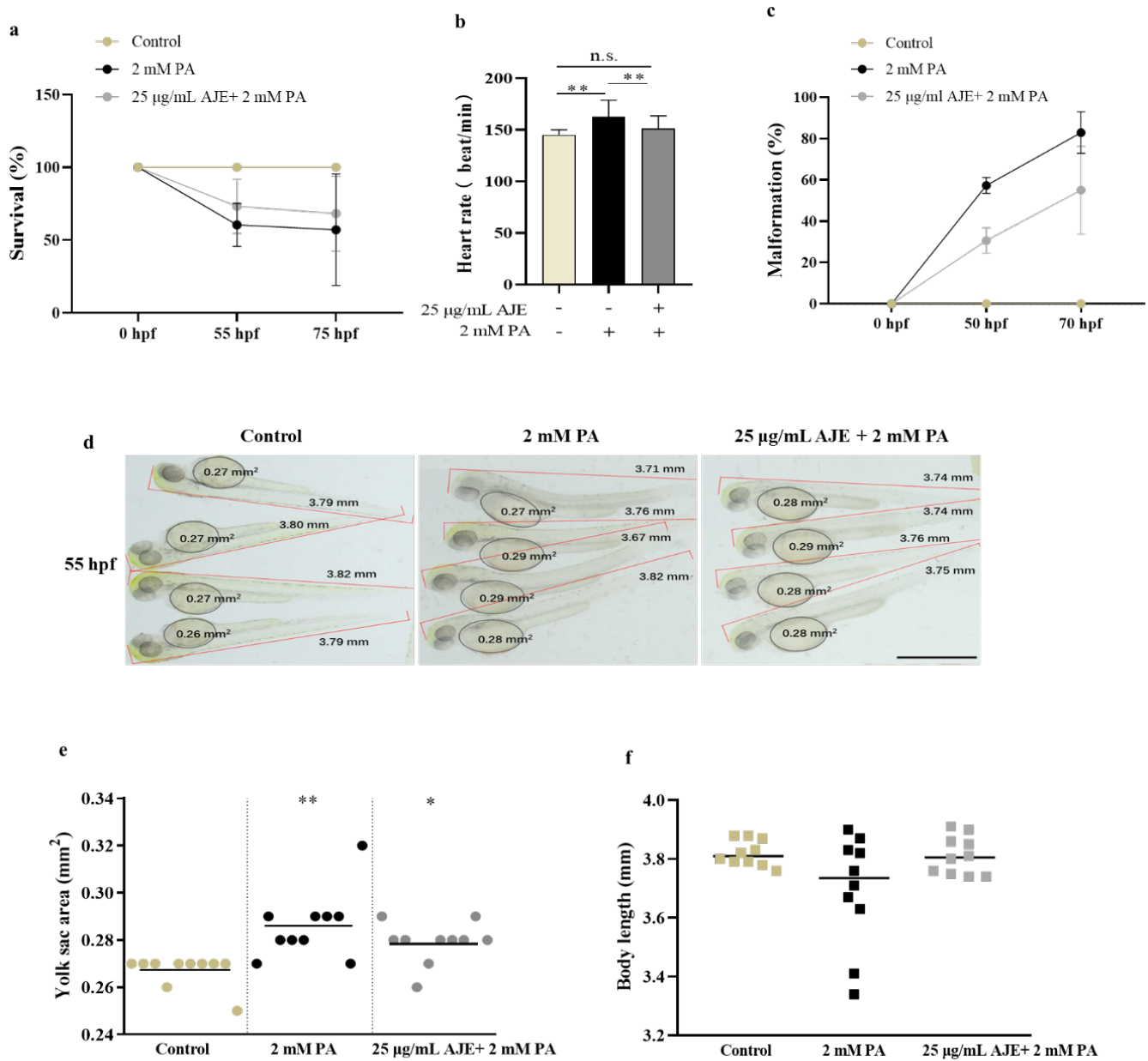
hpf, hours post fertilization; AJE, *Apostichopus japonicus* extract; dpf, days post fertilization.

**Table 3. Toxicity evaluation of different concentrations of PA on zebrafish embryos**

Treatment at 24 hpf	PA (mM) in egg water with PTU				
	0	1.5	2	2.5	3
Mortality (50 hpf)	0/20	0/20	0/20	4/20	20/20
Heartbeat (2 dpf)	145 ± 5	150 ± 5	159 ± 14 <sup>**</sup>	–	–

<sup>\*\*</sup>Significantly different ( $p < 0.01$ ) compare with control (0 mM).

PA, palmitate; hpf, hours post fertilization; PTU, phenylthiourea; dpf, days post fertilization.

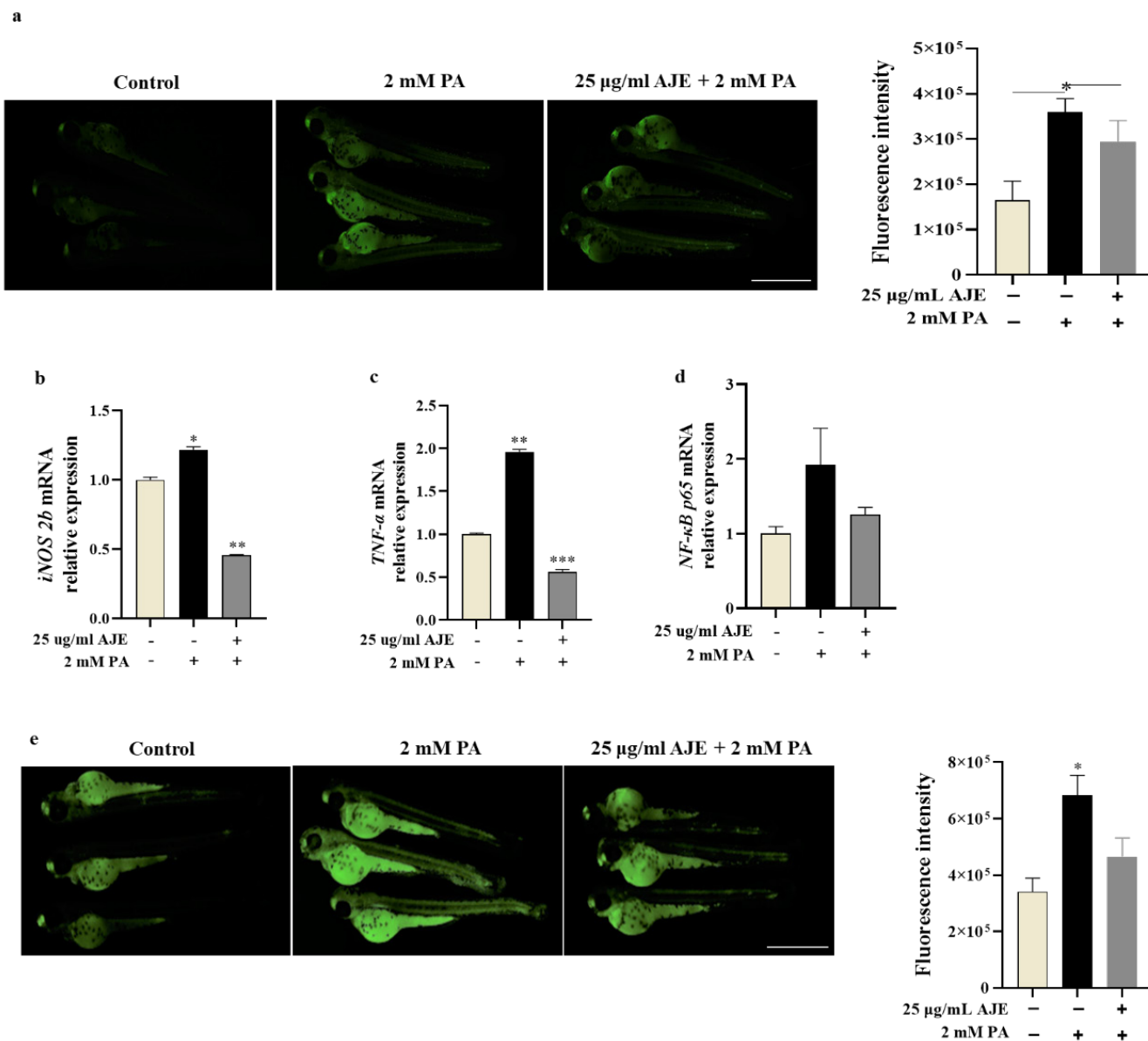


**Fig. 1. *Apostichopus japonicus* extract (AJE) attenuates palmitate (PA)-induced toxicity in zebrafish embryos.** Embryos were treated with 2 mM PA, or co-treated with 25 µg/mL AJE in egg water with 75 µM phenylthiourea (PTU) at 24–25 hpf. (a) Heart rates of zebrafish were measured at 75 hpf, the results are expressed as the beats/min. (b) survival rate of zebrafish were measured at 55 hpf and 75 hpf. (c) malformation were measured at 50 hpf and 70 hpf. (d) morphology was photographed at 55 hpf. (e) yolk sac area (mm<sup>2</sup>) and (f) body length (mm) of zebrafish were measured at 55 hpf. n = 10–50. Scale bar: 1 mm. \* *p* < 0.05 and \*\* *p* < 0.01. hpf, hours post fertilization.

groups was significantly higher than those in control group, while the expression level of the AJE pretreatment group was reduced to a level comparable to that of the control group (Fig. 3c, d).

## Discussion

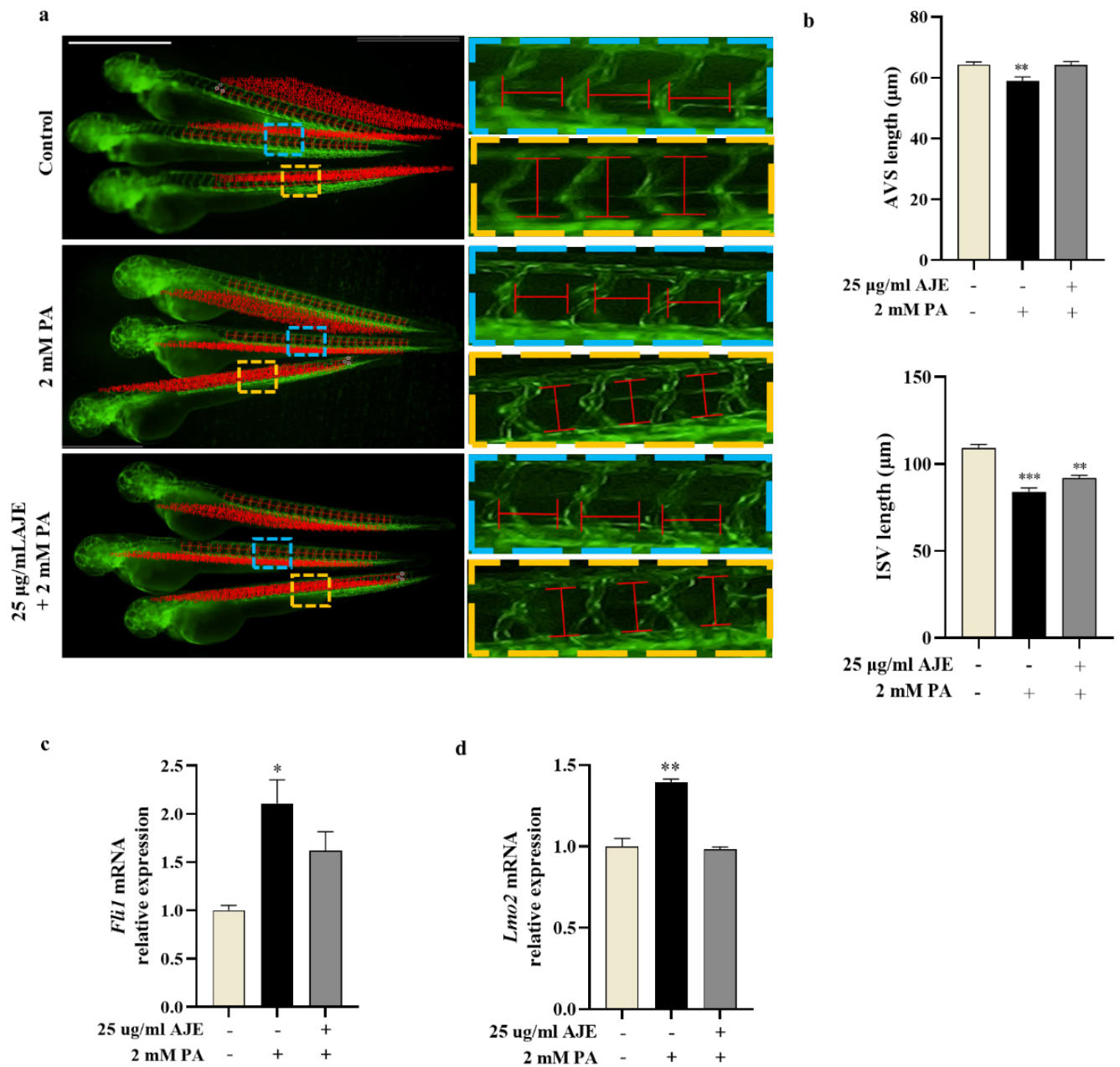
The etiology of CVDs is multifactorial, lifestyle changes and drug treatment can reduce the incidence of CVDs, such as heart



**Fig. 2. Inhibitory effect of *Apostichopus japonicus* extract (AJE) on palmitate (PA)-induced nitric oxide (NO) and cell death in zebrafish larvae.** 86 hpf larvae were incubated with diaminofluorophore 4-amino-5-methylamino-2',7'-difluorofluorescein diacetate (DAF-FM DA, 5 mM) for 30 min and acridine orange (AO, 5 μg/mL) for 15 min to detect NO production (a, c) and cell death (b, d), respectively. The experiments were performed in triplicate. 86 hpf embryos were stained with 5 μM DAF-FM-DA (a) or 5 μg/mL AO (e) for 30 min at 28.5°C in the dark. Scale bar: 1 mm. \*  $p < 0.05$ , \*\*  $p < 0.01$  and \*\*\*  $p < 0.001$ . hpf, hours post fertilization.

attacks and strokes, thereby reducing premature morbidity, mortality and disability (WHO, 2007). Evidence confirming that *A. japonicus* has antioxidant, hypolipidemic, antifungal, anticoagulant and anti-skin cancer activities (Kim et al., 2017; Liu et al., 2012; Wang et al.; 2012, Yang et al., 2015a; Yang et al., 2015b). To our knowledge, its protective effect on blood vessels

is not reported so far. PA is well known to damage the proliferation and invasion of HUVECs *in vitro*, and increase cell apoptosis (WHO, 2007). Therefore, this study firstly established the PA-induced apoptosis model of HUVECs, and confirmed that AJE has protective effect on PA-induced damage in HUVECs (Data was not shown). Furthermore, we established an *in vivo*



**Fig. 3. *Apostichopus japonicus* extract (AJE) attenuated palmitate (PA)-induced toxicity on vascular morphogenesis in *Tg (fli1a:eGFP)* transgenic zebrafish.** (a) Fluorescence images of *Tg (fli1a:eGFP)* transgenic zebrafish embryos at 60 hpf treated with phenylthiourea (PTU, control), PA and pretreatment of AJE with PA. The red horizontal and vertical rows in blue and yellow dotted boxes represent the partial view of axial vascular segment (AVS) and intersegmental vessel (ISV) length, respectively. (b) The length of AVS and ISV were measured by cellSens software. The relative mRNA expression of (c) *Fli1*, and (d) *Lmo2* were analyzed by qPCR. All of measurements were performed in triplicate. Scale bar: 1 mm. \* $p < 0.05$ , \*\* $p < 0.01$  and \*\*\* $p < 0.001$ . hpf, hours post fertilization.

zebrafish model induced by PA and evaluated the efficacy of AJE-pretreatment. In this study, AJE-pretreatment reduced the physiological indicators similar to the symptoms of CVDs, such

as mortality, accelerated heartbeats and malformations induced by PA in zebrafish embryos (Fig. 1). These results preliminarily suggested that AJE may have the potential to prevent CVDs due

to its inhibitory effect on PA-induced toxicity in both *in vitro* and *in vivo*.

Previous studies demonstrated that abnormal production or activity of NO is considered to be a major mechanism of CHD as a CVD (Besedina, 2016). As well as iNOS-derived NO is also proposed as adverse effects on myocardium (D'Orta et al., 2020). Evidence confirmed that increased expression of iNOS was detected in the endothelium of coronary arteries in aged rats (Csiszar et al., 2002; Santhanam et al., 2007). Additionally, the upregulation and overexpression of iNOS can induce cardiac apoptosis, hypertrophy, dilatation and fibrosis in mice (Umar & van der Laarse, 2010). In the present study, PA-induced excessive NO production and iNOS mRNA expression in zebrafish which was downregulated by AJE-pretreatment compared with the control (Fig. 1a, b). This result could explain the phenomenon of accelerated heartbeat may cause by the detrimental effects of iNOS-derived NO on zebrafish myocardium. Furthermore, evidence shows that diverse processes induced CVDs are converging on regulation of TNF- $\alpha$  signaling and result in endothelial dysfunction and vascular disease. TNF- $\alpha$  can independently or depend on the activation of transcription factors, such as NF- $\kappa$ B, to induce gene expressions of various inflammatory cytokines and chemokines. This eventually leads to vascular remodeling, inflammation and oxidative stress, as well as atherosclerosis, thrombosis, endothelial cell apoptosis and impaired NO bioavailability (Zhang et al., 2009). In this study, mRNA levels of TNF- $\alpha$  and NF- $\kappa$ B were elevated by PA treatment while largely reduced after pretreatment of AJE (Fig. 1c, d). In addition, PA-induced embryonic cell death was also ameliorated by AJE-pretreatment (Fig. 1e). These results suggest that AJE probably block the NF- $\kappa$ B signaling pathway by inhibiting the overexpression of TNF- $\alpha$ , and ultimately prevent cell death induced by PA in zebrafish embryos.

*Fli1* gene participates in the regulatory process of vasculogenesis and angiogenesis. *Fli1* deficient xenopus and zebrafish embryos display a block in the development of hemangioblast, whereas *Fli1* overexpression was observed in a variety of cancers and diseases (Li et al., 2015). In addition, *Fli1* induces the expression of key hemangioblast genes such as *Lmo2* (Liu et al., 2008). *Lmo2* is a crucial determinant of tissue healing and angiogenesis *in vivo* zebrafish. Meng et al. identified that gene expression of *Lmo2* elevated during caudal fin resection and regeneration (Meng et al., 2016). Further studies demonstrated that *Lmo2* knockdown decreased the length and number of ISVs, impaired axial vessel formation and migration of endo-

thelial cells (Matrone et al., 2017; Patterson et al., 2005). On the other hand, overexpression of *Lmo2* caused T-cell lymphoblastic leukemia in mouse thymus (McCormack et al., 2010). In the present study, the length of AVS and IVS in *Tg (fli1a:eGFP)* zebrafish embryos was reduced under PA stimulation, while AJE-pretreatment ameliorated it close to the control (Fig. 2a, b). Furthermore, AJE-pretreatment protected against PA-induced overexpression of *Fli1* and *Lmo2* and maintained it at the control level (Fig. 2c, d). As we know, PA could inhibit angiogenesis by interfering with endothelial cell function (Zhang et al., 2017). In this study, we observed that PA-induced a mild or severe antiangiogenic phenotype on *Tg (fli1a:eGFP)* lines (data not shown). Therefore, our study suggests that PA probably induce varying degrees of embryonic anti-angiogenesis and trigger the up-regulation of *Fli1* and *Lmo2* expression levels to compensate for the dysfunction or damage of endothelial cells caused by PA, while AJE-pretreatment can block the negative effects of PA on zebrafish embryos.

Anti-TNF therapy is widely used in the treatment of many diseases including CVDs (Monaco et al., 2015). However, recent study pointed out that TNF inhibitors could decrease the CVDs events via controlling systemic inflammation, on the contrary can increase the risk of overall and certain cancers (Lee et al., 2018; Yuan et al., 2020). Our results suggest AJE, on the one hand, could be used as a substitute for TNF inhibitor to prevent CVDs by decreasing PA-induced over expression of TNF- $\alpha$ ; on the other hand, may have the potential to reduce cancer risk by protecting zebrafish embryos against PA-induced overexpression of *Fli1* and *Lmo2*. However, further study is necessary to elucidate.

In conclusion, AJE exhibited vascular protective effect *in vivo* zebrafish embryo models, AJE protected against PA-induced embryotoxicity by maintaining normal physiological indicators, regulating inflammation and genes expression related to vascular development. These findings might provide a potential mechanism basis for AJE in the prevention of CVDs.

### Competing interests

No potential conflict of interest relevant to this article was reported.

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Not applicable.



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### Availability of data and materials

Not applicable.

### Ethics approval and consent to participate

This article does not require IRB/IACUC approval because there are no human and animal participants.

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